

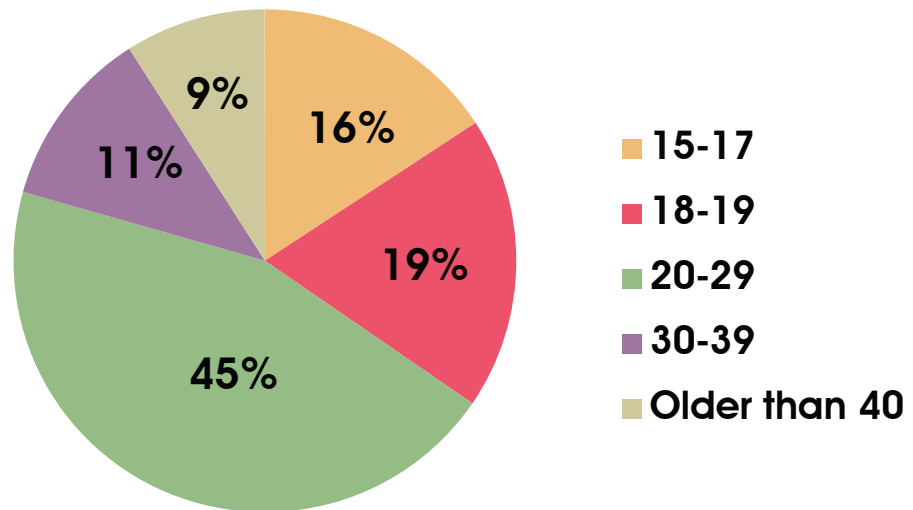
# Central Valley Family Planning Program Summary for 2010



The Central Valley Family Planning Program has been providing Title X family planning services since 1970. Throughout the years, many men and women have been assisted with their family planning health needs. We provide the education that helps people be reproductively healthy. We encourage people to seek loving, stable relationships; we counsel adolescents to delay sexual activity; and we encourage people always to use contraception until they are ready and willing to be responsible parents.

## Users of Family Planning Services

In 2010, Central Valley provided family planning services to 1,180 people. This graph details the ages of those served by percentage.



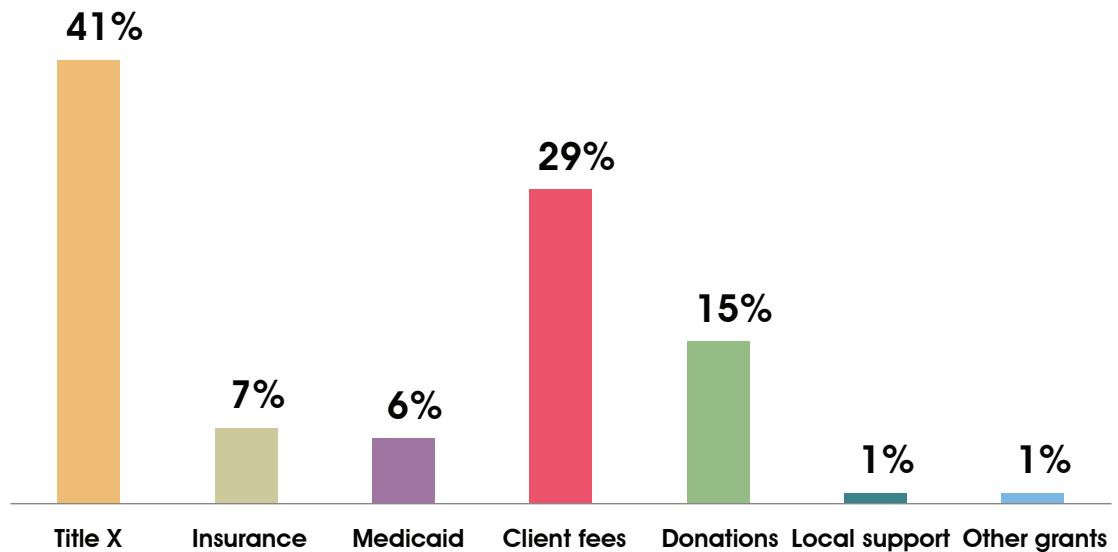
## Clients in Need

In 2010, of the women and men provided family planning services in North Dakota, 71 percent were 150 percent below the federal poverty level and 86 percent were uninsured and could not afford the same services from the private sector.

According to the 2009 Institute of Medicine report, “While family planning services are funded through a variety of sources, which may vary from state to state, Title X plays a special role by covering services that other payers do not, clients who do not qualify for other coverage and cannot afford services, infrastructure and expenses associated with program development and service delivery that other sources do not reimburse.”<sup>1</sup>

## Funding Sources

In 2010, Central Valley was funded by several sources. This graph details the funding sources.



## Partnerships

Partnerships within the community make the Central Valley Family Planning Program successful by referring clients in need of our services. These partners include:

- ◆ Jamestown Hospital
- ◆ Sanford Health
- ◆ Innovis Health
- ◆ Medcenter One
- ◆ Safe Shelter
- ◆ City-County Health Department
- ◆ Jamestown College
- ◆ Valley City State University
- ◆ Area schools
- ◆ Stutsman County Social Services
- ◆ Women, Infants and Children (WIC)
- ◆ Stutsman County NDSU Extension Office
- ◆ Jamestown Area Sexual Assault Response Team

## Family Planning – A Public Health Achievement

The U.S. Centers for Disease Control and Prevention cited family planning as one of the ten great public health achievements of the 20th Century: “Smaller families and longer birth intervals have contributed to the better health of infants, children, and women, and have improved the social and economic role of women.”



### For more information, contact:

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## References

<sup>1</sup> Institute of Medicine, “A Review of the HHS Family Planning Program: Mission, Management, Measurement of Results,” National Academies Press, 2009.