



## POLICY AND PROCEDURE MANUAL CENTRAL VALLEY HEALTH DISTRICT

---

### SECTION: NURSING SERVICES

#### POLICY #: 424 PRESCRIBED INJECTIONS

**POLICY:** Central Valley Health District will assist clients by administering prescribed injections as ordered by the client's primary medical provider.

#### PROCEDURE:

1. Physician orders are obtained prior to giving the injection.
2. Clients who present for regular injections, physician orders need to be renewed yearly.
3. Client is responsible for supplying and reordering medication.
4. Complete documentation per policy.
5. Nursing staff may assist clients by:
  - a. Encouraging regular injections as ordered.
  - b. Monitoring Hemoglobin and/or blood pressure as necessary.
6. Clean area and prepare to give injection.
7. Injections given per indicated route (i.e. Sub, IM Z-track).
8. Observe for signs and symptoms of anaphylactic reaction.