

SECTION: NURSING

POLICY # 442 CHRONIC DISEASE MANAGEMENT

POLICY: Central Valley Health District will assist clients in self managing their chronic diseases. HRSA grant funds have been obtained to provide this service.

PURPOSE: To empower and educate individuals so they can better manage their disease(s) and communicate more effectively with their providers ultimately improving quality of life while decreasing health care costs.

PROCEDURE:

1. Referral will be received from providers, clients, family members, etc. RN will determine if they are appropriate for this program and are willing to participate fully or if they are more appropriate for public health home/office visits.
2. RN will make an initial home visit or provide initial visit in public health office and will determine other services that client may require.
3. No fee is charged. Grant funds will cover the cost of services provided. Donations allowed.
4. RN will follow care paths and standards of care developed for each specific disease, provide each client with a Personal Health Journal, disease specific education, health assessment, assist with goal setting, provide foot care, medication set up, etc.
5. Year 1(thru April 30, 2010): diseases developed are Heart Failure, Diabetes, Hypertension, Asthma, COPD
6. RN will coordinate services with client's primary and specialty care providers.
7. RN will document visits on the flowsheets and progress notes all located within the client's chart and will document time in TIMS under the Chronic Disease Management Grant.
8. Education sheets on each subject covered during a nurse visit will be given to client to place into Personal Health Journal for later reference if needed. RN will place date that each educational topic covered on education checklist located within client's chart.
9. Staff to follow public health policies as appropriate.