



## Checklist Guidelines for Treating Head Lice

## **TREATMENT** COMMENTS Determine that nits or live lice are present on the head. \*\*Don't wash the hair prior to treatment Prepare hair according to product instructions. Do not use a combination Some products are used on dry hair; others are shampoo/conditioner or conditioner until used on wet hair. the ENTIRE treatment process is complete. **READ AND FOLLOW MANUFACTURERS** Products are available over the counter and by **INSRTUCTIONS BEFORE USE OF LICE** prescription. **TREATMENT** Read instructions thoroughly prior to use. Apply a lice killing shampoo. \*\*\* Call your doctor if any child under 1 year old requires Treat only household members that have treatment lice/nits. \*\*\* Call your doctor before treating if you have asthma, are pregnant, breast feeding, or have allergies to ragweed or chrysanthemums. **FOLLOW THE PRODUCT INSTRUCTIONS** \*\*\*Ensure that product is left in the hair the entire time **CAREFULLY AND LEAVE THE PRODUCT IN** that manufacturer instructions have directed. Massage THE HAIR AS DIRECTED. into hair to ensure all the hair is covered. Use the entire contents of the bottle, or as instructions indicate. Longer \*\*Do not re-wash the hair for 1-2 days hair may require more than one bottle of product for after the lice treatment. adequate treatment. Use of a shower cap may be beneficial in the treatment process. Place treatment in hair, put on shower cap, massage product into hair while shower cap is on head. Once the treatment is complete the child \*\*\*Child may return to school once treatment is completed as long as no signs of live lice are present. may return to school. Re-treat the hair as directed in the product Each product varies in the time for re-treatment. Follow instructions. the product directions. \*\*Do not re-wash the hair for 1-2 days after the lice treatment. Check the hair frequently for nits. The "No Nit" policy is no longer required to return to school but if nits are not removed, it may be assumed that \*\*Be Patient-removing nits takes time there is a "fresh" case of head lice. All nits should be removed from the hair. Grasp the nit between your thumb and index finger and slide them off the hair shaft. When checking the hair, divide the hair As you complete each section, clip the checked section up into sections and examine one section at a so you know that you have already checked it.